

The Eucharistic Prayer

The Lord be with you.
And with your spirit.

Lift up your hearts.
We lift them up to the Lord.

Let us give thanks to the Lord our God.
It is right and just.

The priest gives praise to God and all acclaim:
Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of
the Lord.
Hosanna in the highest.

*After the Consecration we acclaim the
mystery of faith:*
We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.

or
When we eat this Bread and drink this Cup,
we proclaim your Death, O Lord,
until you come again.

or
Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.

At the end of the Eucharistic Prayer: Amen.

The Communion Rite

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil.

Deliver us...

**For the kingdom,
the power and the glory are yours
now and for ever.**

The peace of the Lord be with you always.
And with your spirit.

**Lamb of God, you take away the sins of
the world, have mercy on us.**
**Lamb of God, you take away the sins of
the world, have mercy on us.**
**Lamb of God, you take away the sins of
the world, grant us peace.**

Behold the Lamb of God...
**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

Communion Antiphon
Taste and see that the Lord is good;
blessed the man who seeks refuge in him.

or
Come to me, all who labour and are
burdened,
and I will refresh you, says the Lord.

Prayer after Communion
Grant, we pray, O Lord,
that, having been replenished by such great
gifts,
we may gain the prize of salvation
and never cease to praise you... **Amen.**

THE CONCLUDING RITES

The Lord be with you.
And with your spirit.

May almighty God bless you,
the Father, and the Son, ✠ and the Holy Spirit.
Amen.

At the end of Mass the people respond:
Thanks be to God.

THE INTRODUCTORY RITES

Entrance Antiphon
Your merciful love, O God,
we have received in the midst of your
temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

*All make the Sign of the Cross as
the priest says:*

Priest In the name of the Father,
and of the Son,
and of the Holy Spirit.

People Amen.

*The priest greets the people in one of
these ways:*

The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit
be with you all.
And with your spirit.

or
Grace to you and peace from God our Father
and the Lord Jesus Christ.
And with your spirit.

or
The Lord be with you.
And with your spirit.

Penitential Act

*One of the following acts of penance is
now made:*

**I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,**

(all strike their breast and say:)

**through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,**

**and you, my brothers and sisters,
to pray for me to the Lord our God.**

or
Have mercy on us, O Lord.
For we have sinned against you.

Show us, O Lord, your mercy.
And grant us your salvation.

or
Lord, have mercy. *or* Kyrie, eleison.
Lord, have mercy. **Kyrie, eleison.**

Christ, have mercy. *or* Christe, eleison.
Christ, have mercy. **Christe, eleison.**

Lord, have mercy. *or* Kyrie, eleison.
Lord, have mercy. **Kyrie, eleison.**

After the absolution all respond: Amen.

The Gloria

**Glory to God in the highest,
and on earth peace to people of good will.**

**We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;**

**you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the
Father, have mercy on us.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect

O God, who in the abasement of your Son have raised up a fallen world, fill your faithful with holy joy, for on those you have rescued from slavery to sin you bestow eternal gladness...
Amen.

THE LITURGY OF THE WORD

First Reading Ezekiel 2:2-5

A reading from the prophet Ezekiel.
The sons are defiant and obstinate and they shall know that there is a prophet among them.

The spirit came into me and made me stand up, and I heard the Lord speaking to me. He said, "Son of man, I am sending you to the Israelites, to the rebels who have turned against me. Till now they and their ancestors have been in revolt against me. The sons are defiant and obstinate; I am sending you to them, to say, 'The Lord says this.' Whether they listen or not, this set of rebels shall know there is a prophet among them."

The word of the Lord.

Thanks be to God.

Psalm Psalm 122

R. Our eyes are on the Lord till he show us his mercy.

1. To you have I lifted up my eyes, you who dwell in the heavens: my eyes, like the eyes of slaves on the hand of their lords. **R.**
2. Like the eyes of a servant on the hand of his mistress, so our eyes are on the Lord our God till he show us his mercy. **R.**
3. Have mercy on us, Lord, have mercy. We are filled with contempt. Indeed all too full is our soul with the scorn of the rich, with the proud man's disdain. **R.**

Second Reading 2 Corinthians 12:7-10

A reading from the second letter of St Paul to the Corinthians.

I shall be very happy to make my weaknesses my special boast so that the power of Christ may stay over me.

In view of the extraordinary nature of these revelations, to stop me from getting too proud I was given a thorn in the flesh, an angel of Satan to beat me and stop me from getting too proud! About this thing, I have pleaded with the Lord three times for it to leave me, but he has said, "My grace is enough for you: my power is at its best in weakness." So I shall be very happy to make my weaknesses my special boast so that the power of Christ may stay over me, and that is why I am quite content with my weaknesses, and with insults, hardships, persecutions, and the agonies I go through for Christ's sake. For it is when I am weak that I am strong.

The word of the Lord.

Thanks be to God.

Gospel Acclamation

Alleluia, alleluia!
The Word was made flesh and lived among us;
to all who did accept him
he gave power to become children of God.
Alleluia!

or

Alleluia, alleluia!
The Lord has sent me to bring the good news to the poor,
to proclaim liberty to captives.
Alleluia!

The Lord be with you.

And with your spirit.

A reading from the holy Gospel according to Mark.

Glory to you, O Lord.

Gospel Mark 6:1-6

A prophet is despised only in his own country.
Jesus went to his home town and his disciples accompanied him. With the coming of the sabbath he began teaching in the synagogue and most of them were astonished when they heard him. They said, "Where did the man get all this? What is this wisdom that has been granted him, and these miracles that are worked through him? This is the carpenter, surely, the son of Mary, the brother of James and Joset and Jude and Simon? His sisters, too, are they not here with us?" And they would not accept him. And Jesus said to them, "A prophet is only despised in his own country, among his own relations and in his own house"; and he could work no miracle there, though he cured a few sick people by laying his hands on them. He was amazed at their lack of faith.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

The Homily

The Profession of Faith

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
(all bow during the next three lines)
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

The bidding prayers now follow:

Let us pray to the Lord.
Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

If the prayers of blessing are said aloud the people acclaim each time:
Blessed be God for ever.

Pray, brethren (brothers and sisters)...
May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good
and the good of all his holy Church.

Prayer over the Offerings

May this oblation dedicated to your name purify us, O Lord, and day by day bring our conduct closer to the life of heaven...
Amen.

The Eucharistic Prayer

The Lord be with you.
And with your spirit.

Lift up your hearts.
We lift them up to the Lord.

Let us give thanks to the Lord our God.
It is right and just.

The priest gives praise to God and all acclaim:

**Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of
the Lord.
Hosanna in the highest.**

*After the Consecration we acclaim the
mystery of faith:*

**We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.**

or

**When we eat this Bread and drink this Cup,
we proclaim your Death, O Lord,
until you come again.**

or

**Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.**

At the end of the Eucharistic Prayer: Amen.

The Communion Rite

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against
us;
and lead us not into temptation,
but deliver us from evil.**

Deliver us...

**For the kingdom,
the power and the glory are yours
now and for ever.**

The peace of the Lord be with you always.
And with your spirit.

**Lamb of God, you take away the sins of
the world, have mercy on us.**

**Lamb of God, you take away the sins of
the world, have mercy on us.**

**Lamb of God, you take away the sins of
the world, grant us peace.**

Behold the Lamb of God...

**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

Communion Antiphon

**The sparrow finds a home,
and the swallow a nest for her young:
by your altars, O Lord of hosts, my King
and my God.**

**Blessed are they who dwell in your house,
for ever singing your praise.**

or

**Whoever eats my flesh and drinks my blood
remains in me and I in him, says the Lord.**

Prayer after Communion

Having consumed these gifts, we pray,
O Lord,
that, by our participation in this mystery,
its saving effects upon us may grow...
Amen.

THE CONCLUDING RITES

The Lord be with you.
And with your spirit.

May almighty God bless you,
the Father, and the Son, ✠ and the Holy Spirit.
Amen.

At the end of Mass the people respond:

Thanks be to God.

THE INTRODUCTORY RITES

Entrance Antiphon

**As for me, in justice I shall behold your face;
I shall be filled with the vision of your glory.**

*All make the Sign of the Cross as
the priest says:*

Priest In the name of the Father,
and of the Son,
and of the Holy Spirit.

People Amen.

*The priest greets the people in one of
these ways:*

The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit
be with you all.

And with your spirit.

or

Grace to you and peace from God our Father
and the Lord Jesus Christ.

And with your spirit.

or

The Lord be with you.
And with your spirit.

Penitential Act

*One of the following acts of penance is
now made:*

**I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,**

(all strike their breast and say:)

**through my fault, through my fault,
through my most grievous fault;**

**therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**

or

Have mercy on us, O Lord.

For we have sinned against you.

Show us, O Lord, your mercy.
And grant us your salvation.

or

Lord, have mercy. *or* Kyrie, eleison.
Lord, have mercy. **Kyrie, eleison.**

Christ, have mercy. *or* Christe, eleison.
Christ, have mercy. **Christe, eleison.**

Lord, have mercy. *or* Kyrie, eleison.
Lord, have mercy. **Kyrie, eleison.**

After the absolution all respond: Amen.

The Gloria

**Gloria to God in the highest,
and on earth peace to people of good will.**

**We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the
Father, have mercy on us.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect

O God, who show the light of your truth
to those who go astray,
so that they may return to the right path,
give all who for the faith they profess
are accounted Christians
the grace to reject whatever is contrary to
the name of Christ
and to strive after all that does it honour...
Amen.

THE LITURGY OF THE WORD

First Reading Amos 7:12-15

A reading from the prophet Amos.

Go, prophesy to my people.

Amaziah, the priest of Bethel, said to Amos, "Go away, seer; get back to the land of Judah; earn your bread there, do your prophesying there. We want no more prophesying in Bethel; this is the royal sanctuary, the national temple." "I was no prophet, neither did I belong to any of the brotherhoods of prophets," Amos replied to Amaziah. "I was a shepherd, and looked after sycamores: but it was the Lord who took me from herding the flock, and the Lord who said, 'Go, prophesy to my people Israel.'"

The word of the Lord.

Thanks be to God.

Psalm Psalm 84

R. Let us see, O Lord, your mercy and give us your saving help.

1. I will hear what the Lord God has to say, a voice that speaks of peace, peace for his people. His help is near for those who fear him and his glory will dwell in our land. **R.**
2. Mercy and faithfulness have met; justice and peace have embraced. Faithfulness shall spring from the earth and justice look down from heaven. **R.**
3. The Lord will make us prosper and our earth shall yield its fruit. Justice shall march before him and peace shall follow his steps. **R.**

Second Reading Ephesians 1:3-14

A reading from the letter of St Paul to the Ephesians.

(For shorter form read between > <)

Before the world was made, God chose us.

> Blessed be God the Father of our Lord Jesus Christ,

who has blessed us with all the spiritual blessings of heaven in Christ.

Before the world was made, he chose us, chose us in Christ,

to be holy and spotless, and to live through love in his presence,

determining that we should become his adopted sons, through Jesus Christ

for his own kind purposes,

to make us praise the glory of his grace, his free gift to us in the Beloved in whom, through his blood, we gain our freedom, the forgiveness of our sins.

Such is the richness of the grace which he has showered on us in all wisdom and insight.

He has let us know the mystery of his purpose, the hidden plan he so kindly made in Christ from the beginning

to act upon when the times had run their course to the end:

that he would bring everything together under Christ, as head, everything in the heavens and everything on earth.<

And it is in him that we were claimed as God's own,

chosen from the beginning, under the predetermined plan of the one who guides all things

as he decides by his own will;

chosen to be,

for his greater glory,

the people who would put their hopes in Christ before he came.

Now you too, in him,

have heard the message of the truth and the good news of your salvation,

and have believed it:

and you too have been stamped with the seal of the Holy Spirit of the Promise,

the pledge of our inheritance

which brings freedom for those whom God has taken for his own,

to make his glory praised.

The word of the Lord.

Thanks be to God.

Gospel Acclamation

Alleluia, alleluia!

Your words are spirit, Lord, and they are life:

you have the message of eternal life.

Alleluia!

or

Alleluia, alleluia!

May the Father of our Lord Jesus Christ enlighten the eyes of our mind, so that we can see what hope his call holds for us.

Alleluia!

The Lord be with you.

And with your spirit.

A reading from the holy Gospel according to Mark.

Glory to you, O Lord.

Gospel Mark 6:7-13

He began to send them out.

Jesus summoned the Twelve and began to send them out in pairs giving them authority over the unclean spirits. And he instructed them to take nothing for the journey except a staff – no bread, no haversack, no coppers for their purses. They were to wear sandals but, he added, "Do not take a spare tunic." And he said to them, "If you enter a house anywhere, stay there until you leave the district. And if any place does not welcome you and people refuse to listen to you, as you walk away shake off the dust from under your feet as a sign to them." So they set off to preach repentance; and they cast out many devils, and anointed many sick people with oil and cured them.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

The Homily

The Profession of Faith

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father;

through him all things were made.

For us men and for our salvation

he came down from heaven,

(all bow during the next three lines)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

The bidding prayers now follow:

Let us pray to the Lord.

Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

If the prayers of blessing are said aloud the people acclaim each time:

Blessed be God for ever.

Pray, brethren (brothers and sisters)...

May the Lord accept the sacrifice at your hands

for the praise and glory of his name, for our good

and the good of all his holy Church.

Prayer over the Offerings

Look upon the offerings of the Church,

O Lord,

as she makes her prayer to you, and grant that, when consumed by those

who believe,

they may bring ever greater holiness...

Amen.

The Eucharistic Prayer

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And with your spirit.

Lift up your hearts.
We lift them up to the Lord.

Let us give thanks to the Lord our God.
It is right and just.

The priest gives praise to God and all acclaim:

Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of
the Lord.
Hosanna in the highest.

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**We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.**

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**When we eat this Bread and drink this Cup,
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or

**Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.**

At the end of the Eucharistic Prayer: Amen.

The Communion Rite

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil.**

Deliver us...

**For the kingdom,
the power and the glory are yours
now and for ever.**

The peace of the Lord be with you always.
And with your spirit.

**Lamb of God, you take away the sins of
the world, have mercy on us.**

**Lamb of God, you take away the sins of
the world, have mercy on us.**

**Lamb of God, you take away the sins of
the world, grant us peace.**

Behold the Lamb of God...

**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

Communion Antiphon

**The Lord, the gracious, the merciful,
has made a memorial of his wonders;
he gives food to those who fear him.**

or

**Behold, I stand at the door and knock,
says the Lord.
If anyone hears my voice and opens the
door to me,
I will enter his house and dine with him,
and he with me.**

Prayer after Communion

Graciously be present to your people, we
pray, O Lord,
and lead those you have imbued with
heavenly mysteries
to pass from former ways to newness of
life... **Amen.**

THE CONCLUDING RITES

The Lord be with you.
And with your spirit.

May almighty God bless you,
the Father, and the Son, ✠ and the Holy Spirit.
Amen.

At the end of Mass the people respond:
Thanks be to God.

THE INTRODUCTORY RITES

Entrance Antiphon

**See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.**

*All make the Sign of the Cross as
the priest says:*

Priest In the name of the Father,
and of the Son,
and of the Holy Spirit.

People Amen.

*The priest greets the people in one of
these ways:*

The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit
be with you all.

And with your spirit.

or

Grace to you and peace from God our Father
and the Lord Jesus Christ.

And with your spirit.

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The Lord be with you.
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Penitential Act

*One of the following acts of penance is
now made:*

**I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,**

(all strike their breast and say:)

**through my fault, through my fault,
through my most grievous fault;**

**therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**

or

Have mercy on us, O Lord.
For we have sinned against you.

Show us, O Lord, your mercy.
And grant us your salvation.

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Lord, have mercy. *or* Kyrie, eleison.
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Christ, have mercy. *or* Christe, eleison.
Christ, have mercy. **Christe, eleison.**

Lord, have mercy. *or* Kyrie, eleison.
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After the absolution all respond: Amen.

The Gloria

**Glory to God in the highest,
and on earth peace to people of good will.**

**We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the
Father, have mercy on us.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect

Show favour, O Lord, to your servants
and mercifully increase the gifts of your
grace,
that, made fervent in hope, faith and charity,
they may be ever watchful in keeping your
commands...

Amen.

THE LITURGY OF THE WORD

First Reading Jeremiah 23:1-6

A reading from the prophet Jeremiah.

The remnant of my flock I will gather and I will raise up shepherds to look after them.

“Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered – it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds – it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them any more; not one shall be lost – it is the Lord who speaks!

“See, the days are coming – it is the Lord who speaks – when I will raise a virtuous Branch for David, who will reign as true king and be wise, practising honesty and integrity in the land.

In his days Judah will be saved and Israel dwell in confidence.

And this is the name he will be called:

The Lord-our-integrity.”

The word of the Lord.

Thanks be to God.

Psalm Psalm 22

**R. The Lord is my shepherd;
there is nothing I shall want.**

1. The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.
Near restful waters he leads me,
to revive my drooping spirit. **R.**
2. He guides me along the right path;
he is true to his name.
If I should walk in the valley of darkness

no evil would I fear.

You are there with your crook and your staff;

with these you give me comfort. **R.**

3. You have prepared a banquet for me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing. **R.**
4. Surely goodness and kindness shall
follow me
all the days of my life.
In the Lord's own house shall I dwell
for ever and ever. **R.**

Second Reading Ephesians 2:13-18

A reading from the letter of St Paul to the Ephesians.

Christ Jesus is the peace between us, and has made the two into one.

In Christ Jesus, you that used to be so far apart from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God. In his own person he killed the hostility. Later he came to bring the good news of peace, peace to you who were far away and peace to those who were near at hand. Through him, both of us have in the one Spirit our way to come to the Father.

The word of the Lord.

Thanks be to God.

Gospel Acclamation

Alleluia, alleluia!

The sheep that belong to me listen to my voice,

says the Lord,

I know them and they follow me.

Alleluia!

The Lord be with you.

And with your spirit.

A reading from the holy Gospel according to Mark.

Glory to you, O Lord.

Gospel Mark 6:30-34

They were like sheep without a shepherd.

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, “You must come away to some lonely place all by yourselves and rest for a while”; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

The Homily

The Profession of Faith

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with
the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
(all bow during the next three lines)
and by the Holy Spirit was incarnate of
the Virgin Mary,
and became man.**

**For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day**

in accordance with the Scriptures.

**He ascended into heaven
and is seated at the right hand of the
Father.**

**He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the
giver of life,
who proceeds from the Father and the
Son,
who with the Father and the Son is
adored and glorified,
who has spoken through the prophets.**

**I believe in one, holy, catholic and
apostolic Church.**

**I confess one Baptism for the
forgiveness of sins
and I look forward to the resurrection of
the dead
and the life of the world to come. Amen.**

The bidding prayers now follow:

Let us pray to the Lord.

Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

*If the prayers of blessing are said aloud the
people acclaim each time:*

Blessed be God for ever.

Pray, brethren (brothers and sisters)...

**May the Lord accept the sacrifice at
your hands
for the praise and glory of his name,
for our good
and the good of all his holy Church.**

Prayer over the Offerings

O God, who in the one perfect sacrifice brought to completion varied offerings of the law, accept, we pray, this sacrifice from your faithful servants and make it holy, as you blessed the gifts of Abel, so that what each has offered to the honour of your majesty may benefit the salvation of all... **Amen.**

The Eucharistic Prayer

The Lord be with you.
And with your spirit.

Lift up your hearts.
We lift them up to the Lord.

Let us give thanks to the Lord our God.
It is right and just.

The priest gives praise to God and all acclaim:
Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.

Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

After the Consecration we acclaim the mystery of faith:

We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.

or

When we eat this Bread and drink this Cup,
we proclaim your Death, O Lord,
until you come again.

or

Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.

At the end of the Eucharistic Prayer: Amen.

The Communion Rite

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

Deliver us...
For the kingdom,
the power and the glory are yours
now and for ever.

The peace of the Lord be with you always.
And with your spirit.

Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, grant us peace.

Behold the Lamb of God...
Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.

Communion Antiphon
Bless the Lord, O my soul,
and never forget all his benefits.

or

Blessed are the merciful, for they shall receive mercy.
Blessed are the clean of heart, for they shall see God.

Prayer after Communion
 We have consumed, O Lord, this divine Sacrament,
 the perpetual memorial of the Passion of your Son;
 grant, we pray, that this gift,
 which he himself gave us with love beyond all telling,
 may profit us for salvation...
Amen.

THE CONCLUDING RITES

The Lord be with you.
And with your spirit.
 May almighty God bless you,
 the Father, and the Son, ✠ and the Holy Spirit.
Amen.

At the end of Mass the people respond:
Thanks be to God.

THE INTRODUCTORY RITES

Entrance Antiphon
God is in his holy place,
God who unites those who dwell in his house;
he himself gives might and strength to his people.

All make the Sign of the Cross as the priest says:

Priest In the name of the Father,
 and of the Son,
 and of the Holy Spirit.

People Amen.

The priest greets the people in one of these ways:

The grace of our Lord Jesus Christ,
 and the love of God,
 and the communion of the Holy Spirit
 be with you all.
And with your spirit.

or

Grace to you and peace from God our Father
 and the Lord Jesus Christ.
And with your spirit.

or

The Lord be with you.
And with your spirit.

Penitential Act
One of the following acts of penance is now made:

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,

(all strike their breast and say)

through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,

and you, my brothers and sisters,
to pray for me to the Lord our God.

or

Have mercy on us, O Lord.
For we have sinned against you.

Show us, O Lord, your mercy.
And grant us your salvation.

or

Lord, have mercy. *or* Kyrie, eleison.
Lord, have mercy. Kyrie, eleison.

Christ, have mercy. *or* Christe, eleison.
Christ, have mercy. Christe, eleison.

Lord, have mercy. *or* Kyrie, eleison.
Lord, have mercy. Kyrie, eleison.

After the absolution all respond:
Amen.

The Gloria
Glory to God in the highest,
and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

The Collect

O God, protector of those who hope in you, without whom nothing has firm foundation, nothing is holy, bestow in abundance your mercy upon us and grant that, with you as our ruler and guide, we may use the good things that pass in such a way as to hold fast even now to those that ever endure...
Amen.

THE LITURGY OF THE WORD

First Reading 2 Kings 4:42-44

A reading from the second book of the Kings.

They will eat and have some left over.

A man came from Baal-shalishah, bringing Elisha, the man of God, bread from the first-fruits, twenty barley loaves and fresh grain in the ear. "Give it to the people to eat," Elisha said. But his servant replied, "How can I serve this to a hundred men?" "Give it to the people to eat," he insisted, "for the Lord says this, 'They will eat and have some left over.'" He served them; they ate and had some over, as the Lord had said.

The word of the Lord.

Thanks be to God.

Psalm Psalm 144

R. You open wide your hand, O Lord, and grant our desires.

1. All your creatures shall thank you, O Lord, and your friends shall repeat their blessing.
They shall speak of the glory of your reign and declare your might, O God. **R.**
2. The eyes of all creatures look to you and you give them their food in due time.
You open wide your hand, grant the desires of all who live. **R.**
3. The Lord is just in all his ways and loving in all his deeds.
He is close to all who call him, who call on him from their hearts. **R.**

Second Reading Ephesians 4:1-6

A reading from the letter of St Paul to the Ephesians.

One Body, one Lord, one faith, one baptism.

I, the prisoner in the Lord, implore you to lead a life worthy of your vocation. Bear with one another charitably, in complete selflessness, gentleness and patience. Do all you can to preserve the unity of the Spirit by the peace that binds you together. There is one Body, one Spirit, just as you were all called into one and the same hope when you were called. There is one Lord, one faith, one baptism, and one God who is Father of all, through all and within all.

The word of the Lord.

Thanks be to God.

Gospel Acclamation

Alleluia, alleluia!

Your words are spirit, Lord, and they are life:

you have the message of eternal life.

Alleluia!

or

Alleluia, alleluia!

A great prophet has appeared among us; God has visited his people.

Alleluia!

The Lord be with you.

And with your spirit.

A reading from the holy Gospel according to John.

Glory to you, O Lord.

Gospel John 6:1-15

Jesus gave out as much as was wanted to all who were sitting ready.

Jesus went off to the other side of the Sea of Galilee – or of Tiberias – and a large crowd followed him, impressed by the signs he gave by curing the sick. Jesus climbed the hillside, and sat down there with his disciples. It was shortly before the Jewish feast of Passover.

Looking up, Jesus saw the crowds approaching and said to Philip, "Where can we buy some bread for these people

to eat?" He only said this to test Philip; he himself knew exactly what he was going to do. Philip answered, "Two hundred denarii would only buy enough to give them a small piece each." One of his disciples, Andrew, Simon Peter's brother, said, "There is a small boy here with five barley loaves and two fish; but what is that between so many?" Jesus said to them, "Make the people sit down." There was plenty of grass there, and as many as five thousand men sat down. Then Jesus took the loaves, gave thanks, and gave them out to all who were sitting ready; he then did the same with the fish, giving out as much as was wanted. When they had eaten enough he said to the disciples, "Pick up the pieces left over, so that nothing gets wasted." So they picked them up, and filled twelve hampers with scraps left over from the meal of five barley loaves. The people, seeing this sign that he had given, said, "This really is the prophet who is to come into the world." Jesus, who could see they were about to come and take him by force and make him king, escaped back to the hills by himself.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

The Homily

The Profession of Faith

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I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (all bow during the next three lines) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

The bidding prayers now follow:

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If the prayers of blessing are said aloud the people acclaim each time:

Blessed be God for ever.

Pray, brethren (brothers and sisters)...

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

Prayer over the Offerings

Accept, O Lord, we pray, the offerings which we bring from the abundance of your gifts, that through the powerful working of your grace these most sacred mysteries may sanctify our present way of life and lead us to eternal gladness... **Amen.**