

ICHTHUS

SUNDAY 1 MAY 2022

3RD SUNDAY OF EASTER

Year C



Tell God all about your week so far.



ENTRANCE ANTIPHON

Cry out with joy to God, all the earth;
O sing to the glory of his name.
O render him glorious praise, alleluia.

We say these words or sing a hymn as the priest approaches the altar.

COLLECT

May your people exult for ever, O God,
in renewed youthfulness of spirit,
so that, rejoicing now in the restored glory of our adoption,
we may look forward in confident hope
to the rejoicing of the day of resurrection...

We ask for God's help. Listen now to the priest as he offers this prayer.



FIRST READING ACTS 5:27-32, 40-41

Respecting authority is very important. However, sometimes it is even more important to do what is right. Today we hear how the apostles are warned by the people in charge not to keep on talking about Jesus. They are worried that

the apostles are causing trouble, blaming them for Jesus' death. Peter and the apostles know that it is far more important to do what God asks. They continue to spread the good news about Jesus – and even feel happy to have suffered for Jesus.

LOOK at the reader and LISTEN.

The apostles continue to tell everyone about Jesus, despite official warnings.

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.

RESPONSORIAL PSALM PSALM 29

I will praise you, Lord,
you have rescued me.
Or Alleluia!



SECOND READING APOCALYPSE 5:11-14

All of creation is praising Jesus in John's vision of heaven. Angels, people and even animals are gathered round the throne and are worshipping God. All of John's visions are written in code, as the first

Christians were in trouble with the authorities. Jesus is "the Lamb" who has sacrificed himself to show us all just how much God loves us. Let us all join in with the thanks and praise to God!

LOOK at the reader and LISTEN.

John's vision shows that heaven is full of praise for Jesus, the Lamb.

GOSPEL ACCLAMATION

Alleluia, alleluia!
Lord Jesus, explain the scriptures to us.
Make our hearts burn within us as you talk to us.
Alleluia!

We give a shout of praise to God, using these words taken from the Bible.



DO YOU KNOW?

In today's Gospel, Jesus asks Peter **if he loves him**. When Peter says he does, Jesus asks him to **look after his sheep**. We are all Jesus' sheep! **If we love Jesus**, we need to **look after each other**.



THINK

Tuesday 3 May is the feast of **Ss Philip and James, Apostles**. We don't know much about these men, but both were **chosen by Jesus** to **spread the message of God's love**. Each one of us, even if no one ever knows much about us, is **very precious to God** and each one of us has an **important job to do**.



GOSPEL JOHN 21:1-19

The Good News about Jesus is told to us by St John.

The disciples have been fishing but caught nothing. When a man on the shore points out where to find fish and they are overloaded, they realise it is Jesus! In his excitement, Peter jumps into the water and wades to the shore. Jesus has prepared a fire and they

sit down to a breakfast of fresh fish and bread. After eating, Peter is shown that he is forgiven for failing to stand up for Jesus when he was on trial. The three times Jesus invites Peter to say he loves him, cancelling out the three times Peter denied knowing Jesus.

STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel.

Before he reads the Gospel, what does the priest do to his forehead, his lips and his heart? Can you copy him?



PRAYER OF THE FAITHFUL

Dear Lord, I am thinking about anyone who feels bad for letting someone down. Let them know they are forgiven and help them to feel your peace. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. Here is a prayer you could say privately.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about any time this week when you didn't do something properly and then think about the other times when you did a great job.

Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

Jesus said to his disciples: Come and eat.
And he took bread and gave it to them, alleluia.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



MY PRAYER AFTER COMMUNION

I want to praise and thank you, Jesus, for loving me.
Thank you! Amen.



PRAY

"Do you love me?"

Yes, Lord, you know I love you. Help me to show you how much I love you by the way that I treat the people I meet today.



DO

Help to make a special meal which you can enjoy with your family or friends!



IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

I (Jesus)
X (Christos)
Θ (Theou/God's)
Υ (Uios/Son)
Σ (Soter/Saviour)

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Ichthus. Edited by Rachel Thompson.
Published by Redemptorist Publications
Wolf's Lane, Chawton, Hampshire GU34 3HQ.
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We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.

ICHTHUS



ICHTHUS

SUNDAY 8 MAY 2022

4TH SUNDAY OF EASTER

Year C



Take a moment to be still and get ready to listen to Jesus today.



ENTRANCE ANTIPHON

The merciful love of the Lord fills the earth;
by the word of the Lord the heavens were made, alleluia.

COLLECT

Almighty ever-living God,
lead us to a share in the joys of heaven,
so that the humble flock may reach
where the brave Shepherd has gone before...



FIRST READING ACTS 13:14. 43-52

Jesus asks his apostles to spread the good news and Paul and Barnabas are doing just that. Having first sailed to Cyprus, they visited Paphos, sailed to Perga and have now reached Antioch. Paul and Barnabas are visiting synagogues, sharing Jesus' message with

God's chosen people. However, their message is controversial and they are not welcomed in Antioch. However, undeterred and full of joy and the Holy Spirit, they go on to share God's message of love with everyone, not only the Jewish people.

We say these words or sing a hymn as the priest approaches the altar.

We ask for God's help. Listen now to the priest as he offers this prayer.

LOOK at the reader and LISTEN.

Paul and Barnabas have set sail on the first of their great missionary journeys.

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.

RESPONSORIAL PSALM PSALM 99

We are his people, the sheep of his flock.

Or Alleluia!



SECOND READING APOCALYPSE 7:9. 14-17

So many people are in heaven it is impossible to count them! John tells us that in his vision he sees heaven full of people from every nation, race, tribe and language praising God. No one in heaven

will ever be hungry or thirsty. There will be no suffering of any sort and God will wipe away all our tears. No matter what hardship people have had to face on earth, life with God will be wonderful.

LOOK at the reader and LISTEN.

John's vision shows that heaven is a wonderful place!

GOSPEL ACCLAMATION

Alleluia, alleluia!

I am the good shepherd, says the Lord;
I know my own sheep and my own know me.
Alleluia!

We give a shout of praise to God, using these words taken from the Bible.



DO YOU KNOW?

St Paul travelled over 10,000 miles to spread the good news about Jesus. Today we hear about part of the first of his three missionary journeys. Paul travelled over land and sea through places we now know as Israel, Syria, Turkey, and Greece. He had to cope with real hardship but was filled with joy and love for God.



THINK

Today is the World Day of Prayer for Vocations. All of us are called to serve God in a special way and some of us will be called to become priests or nuns. Let us ask God that we will all be open and listen to what God is asking us to do with our lives.



GOSPEL JOHN 10:27-30

The Good News about Jesus is told to us by St John.

In Jesus' time, shepherds lead their sheep. They walk in front of the sheep in the search for good, safe pastureland. A good shepherd is prepared to protect the sheep, even from the very real dangers of wolves and other wild animals. Jesus' audience knows all about

shepherds, so Jesus uses this analogy to explain just how much he cares for us. Jesus says that we are his sheep and he knows each one of us individually. We listen to Jesus and follow him. Jesus gives us eternal life and will keep us all safe. No one can ever take us from Jesus.

STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel.

Before he reads the Gospel, what does the priest do to his forehead, his lips and his heart? Can you copy him?

Listen to the reader as he or she encourages us to pray for situations and people in need. This is a prayer you could say privately.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.

We listen to the prayer of praise and thanks to God.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



PRAYER OF THE FAITHFUL

Dear Lord, I am thinking about anyone who is praying about their vocation. Help them to hear your call and understand the best way they can use their gifts to serve you. Lord, hear my prayer.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about any time this week when you were selfish and then think about the other times when you were helpful.

Say a little prayer offering these thoughts up to God.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

The Good Shepherd has risen, who laid down his life for his sheep and willingly died for his flock, alleluia.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for knowing and loving me. You give me life. Help me to live it to the full. Amen.



We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.



PRAY

"The sheep that belong to me listen to my voice."

Help me, Lord, to listen to your words in the readings today. Help me to hear you speaking to me through the people who love me. Amen.



DO

Find out what a day in the life of your parish priest is like. Maybe you could interview him for your school magazine?



IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

I (Jesus)
X (Christos)
Θ (Theou/God's)
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Published by Redemptorist Publications
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ICHTHUS

SUNDAY 15 MAY 2022

5TH SUNDAY OF EASTER

Year C



Thank God for all the new life around us in the world.



ENTRANCE ANTIPHON

O sing a new song to the Lord,
for he has worked wonders;
in the sight of the nations
he has shown his deliverance, alleluia.

We say these words
or sing a hymn as the
priest approaches
the altar.

COLLECT

Almighty ever-living God,
constantly accomplish the Paschal Mystery within us,
that those you were pleased to make new in Holy Baptism
may, under your protective care, bear much fruit
and come to the joys of life eternal...

We ask for God's help.
Listen now to the
priest as he offers
this prayer.



FIRST READING ACTS 14:21-27

Paul and Barnabas know
from their own experience
that it is not always easy
living a life of faith, but
they encourage everyone
they meet on their
missionary journey. Lots of
people come to believe
in Jesus because of them.
They pray with everyone,

asking God to be with
them and appoint elders
to be in charge of the
new communities when
they leave. Then they
return to Antioch, where
they tell everyone about
the many ways God has
blessed them on their
travels.

LOOK at the reader
and LISTEN.

Paul and Barnabas
put fresh heart into
the disciples.

RESPONSORIAL PSALM PSALM 144

I will bless your name for ever, O God my King.

Or Alleluia!

The cantor or psalmist
sings or says the psalm.
Listen to the verses,
and then respond by
using these words.



SECOND READING APOCALYPSE 21:1-5

God is making everything
new. In John's vision, he
sees a new heaven and
a new earth. Life with
God is more wonderful
than anything we have
imagined before. Life
with God is even more
wonderful than the most

beautiful wedding clothes
anyone could choose to
wear! There will be a time
when no one will need to
feel sad at all. God will
wipe away all our tears
and comfort us. When
God is with us, all will be
happiness!

LOOK at the reader
and LISTEN.

God makes all
creation new!

GOSPEL ACCLAMATION

Alleluia, alleluia!

Jesus said: "I give you a new commandment:
love one another, just as I have loved you."
Alleluia!

We give a shout of
praise to God, using
these words taken
from the Bible.



DO YOU KNOW?

"Eucharist" comes from
a Greek word meaning
"thanksgiving". When
we come to Mass we are
thanking God for all our
blessings. We thank God
for coming to us in the
bread and wine of Holy
Communion, and we thank
God for coming to us in
the love of all the people
around us.



THINK

St John Chrysostom said,
"Do not honour Jesus
here in church clothed in
silk vestments and then
pass him by unclothed
and frozen outside." It is
impossible to follow Jesus
and not do practical
things to show our love
for other people. What is
your parish doing to help
people in need?



GOSPEL JOHN 13:31-35

The Good News about Jesus is told to us by St John.

Jesus knows he will not be able to stay with his friends for much longer. It is the last meal he will have with them, and Judas has already gone to betray him. Now is the time for Jesus to give his friends his last and most important message. Jesus gives his disciples

a new commandment: they are to love each other in the same way that Jesus loves them. Jesus shows us by example that love can be seen in the way we treat each other. When people see the love that Jesus' friends have for each other, they will see God.

STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel.

Before he reads the Gospel, what does he do to his forehead, his lips and his heart? Can you copy him?



PRAY

"Love one another."

Help me, Jesus, to learn from your example and put other people first. Help me to put myself in their shoes, then I might find it easier to be loving and help. Amen.



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for anyone who is sad today. Help them to trust in your love and know that you will make all things new and wipe away their tears. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. Here is a prayer you could say privately.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about any time this week when you were sad and then think about all the happy times you have enjoyed. Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us. What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

I am the true vine and you are the branches, says the Lord. Whoever remains in me, and I in him, bears fruit in plenty, alleluia.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for loving me and for coming to be with me in the bread and wine of Holy Communion. Amen.



ΙΧΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

I (Jesus)
X (Christos)
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We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.



ICHTHUS

SUNDAY 22 MAY 2022

6TH SUNDAY OF EASTER

Year C



Smile at the people around you in church.



ENTRANCE ANTIPHON

Proclaim a joyful sound and let it be heard;
proclaim to the ends of the earth:
The Lord has freed his people, alleluia.

COLLECT

Grant, almighty God,
that we may celebrate with heartfelt devotion these days of joy,
which we keep in honour of the risen Lord,
and that what we relive in remembrance
we may always hold to in what we do...



FIRST READING ACTS 15:1-2. 22-29

Some people thought that because Jesus and the first Christians were Jewish, everyone who became a Christian had to follow Jewish traditions. On the other hand, Paul believed that it should be possible to become a Christian without first

becoming a Jew. This led to some very heated discussions among the early church. Today we hear how both sides got together and listened to each other. While there are some simple rules to follow, everyone is welcome to follow Jesus.

We say these words or sing a hymn as the priest approaches the altar.

We ask for God's help. Listen now to the priest as he offers this prayer.

LOOK at the reader and LISTEN. The first Christians disagree among themselves, but listen to each other and find a solution.

The cantor or psalmist sings or says the psalm. Listen to the verses, and then respond by using these words.

RESPONSORIAL PSALM PSALM 66

Let the peoples praise you, O God;
let all the peoples praise you.

Or Alleluia!



SECOND READING APOCALYPSE 21:10-14. 22-23

Gosh, heaven will be wonderful! We know that heaven isn't a physical place, but John uses lots of amazing symbols to help us understand just how fabulous it will be. Jerusalem has been the holy city for Jewish people and so John uses

imagery which will help his readers understand. The twelve tribes of Israel are referenced, but this new Jerusalem will be so much more special than anything anyone has known before. Heaven will be lit with the glory of God.

LOOK at the reader and LISTEN. God makes all creation new!



We give a shout of praise to God, using these words taken from the Bible.

GOSPEL ACCLAMATION

Alleluia, alleluia!

Jesus said: "If anyone loves me he will keep my word, and my Father will love him, and we shall come to him." Alleluia!



DO YOU KNOW?

Pax Christi, which means the Peace of Christ in Latin, is an international Catholic movement for peace. Inspired by faith, the members of Pax Christi are working to build a world where people can live in peace, without fear of violence in any form. Find out more at paxchristi.org.uk



THINK

Thursday 26 May is the feast of The Ascension of the Lord. The ascension is a part of the resurrection and tells us that Jesus has a new life now, which he shares with God the Father. Now the Holy Spirit can come and be with us always, just as Jesus promised.



GOSPEL JOHN 14:23-29

The Good News about Jesus is told to us by St John.

If we love Jesus, we will do as he asks. When we live in love, God lives in us and will be with us. Although Jesus has to leave the world, he is going to send his Holy Spirit so that his friends will never be alone. We do not need to be worried or afraid,

Jesus is giving us the gift of his peace. Only Jesus can give us peace that lasts. We are glad that Jesus is going to be with God the Father and know the Holy Spirit will help us to grow in our understanding and love of God.

STAND to LISTEN to the priest or deacon as he prepares to read the Gospel.

Before he reads the Gospel, what does he do to his forehead, his lips and his heart? Can you copy him?

Listen to the reader as he or she encourages us to pray for situations and people in need. This is a prayer you could say privately.



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for those who are working for peace. Help us all to free the world from violence, by choosing to speak and act with kindness. Lord, hear my prayer.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about any time this week when you were worried and then think about a time when you felt calm and peaceful. Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.

COMMUNION ANTIPHON

If you love me, keep my commandments, says the Lord, and I will ask the Father and he will send you another Paraclete, to abide with you for ever, alleluia.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for giving me your peace. Help me to share your love and peace with everyone I meet today. Amen.



PRAY

"Do not let your hearts be troubled or afraid."

Tell Jesus about anything which is making you feel anxious. Ask a grown up for help if you need it. Then trust Jesus and enjoy his peace.



DO

Find out about some Jewish traditions, like the foods that are kosher, "fit" and "proper" to eat.



IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

I (Jesus)
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Go in peace.

ICHTHUS



IXΘΥΣ

ICHTHUS

SUNDAY 29 MAY 2022

7TH SUNDAY OF EASTER

Year C



Jesus has specially invited you to be here today!



ENTRANCE ANTIPHON

O Lord, hear my voice, for I have called to you;
of you my heart has spoken: Seek his face;
hide not your face from me, alleluia.

We say these words
or sing a hymn as the
priest approaches
the altar.

COLLECT

Graciously hear our supplications, O Lord,
so that we, who believe that the Saviour of the human race
is with you in your glory,
may experience, as he promised,
until the end of the world,
his abiding presence among us...

We ask for God's help.
Listen now to the
priest as he offers
this prayer.



FIRST READING ACTS 7:55-60

Stephen is filled with the
Holy Spirit and shares his
vision of Jesus in heaven
with God the Father. This
is too much for the
religious leaders. As far
as they're concerned,
Stephen and the other
Christians are leading

people away from the
right path. They close their
ears and chase him out
of the city, where he is
stoned to death. Even as
he dies, Stephen follows
Jesus' example, praying
and asking God the
Father to forgive his killers.

LOOK at the reader
and LISTEN.
Stephen is the first
to die for his faith in
Jesus.

RESPONSORIAL PSALM PSALM 96

The Lord is king, most high above all the earth.

Or Alleluia!

The cantor or psalmist
sings or says the psalm.
Listen to the verses,
and then respond by
using these words.



SECOND READING APOCALYPSE 22:12-14, 16-17, 20

It's very exciting when we
are invited to a wedding
or a birthday party. We
are reminded in these
final verses of John's vision
that we all have a special
invitation to heaven. We
can look forward to this
party even more than the

most exciting invitation
we have ever received!
We don't know what
heaven will be like, but
John writes about the tree
of life, the water of life and
an amazing city to help
us imagine how wonderful
it will be.

LOOK at the reader
and LISTEN.
God makes all
creation new!

GOSPEL ACCLAMATION

Alleluia, alleluia!

I will not leave you orphans, says the Lord;
I will come back to you, and your hearts will be full of joy.
Alleluia!

We give a shout of
praise to God, using
these words taken
from the Bible.



DO YOU KNOW?

Today is **World Communications Day** in the Catholic Church. We think about how amazing the media is and how we can **use it for good**, to **spread Jesus' message of love**. How do we use media to spread positive, caring messages?



THINK

In our first reading we meet **St Paul**. He is known as **Saul** then and is with those who stoned St Stephen, looking after the cloaks of the executioners. Saul **changes dramatically** when he meets Jesus. Known after his conversion as Paul, he becomes one of the most important **followers of Jesus**. Unlike the religious leaders, Paul was brave enough to **open his ears** to hear the truth and then **change his whole life**.



GOSPEL JOHN 17:20-26

The Good News about Jesus is told to us by St John.

Jesus prays for his friends: not just the disciples there with him, but all of us. He wants us all to be as united as he is with God the Father. If we are united and show how much we love each other, the world will see God's love in action. Jesus has shown us how

to love other people, by putting other people first. Everything Jesus has done has been because he wants us all to understand how much God the Father loves us. We can continue Jesus' work by loving other people with what we do and what we say.

STAND to LISTEN

to the priest or deacon as he prepares to read the Gospel.

Before he reads the Gospel, what does he do to his forehead, his lips and his heart? Can you copy him?



PRAYER OF THE FAITHFUL

Dear Lord, I would like to pray for anyone who is making choices which will change their lives forever. Help them to listen carefully to the truth and to be brave enough to follow what is right. Lord, hear my prayer.

Listen to the reader as he or she encourages us to pray for situations and people in need. Here is a prayer you could say privately.



OFFERTORY PROCESSION

As we take our gifts of bread, wine and money to the altar, think about any time this week when you were fed up and then think about the times when you were excited and looking forward to something.

Say a little prayer offering these thoughts up to God.

Watch as the gifts are made ready and the priest washes his hands and prepares for the Eucharistic Prayer.



THE EUCHARISTIC PRAYER

Today's special prayer thanks God for fulfilling all God's promises to us.

What can you give special thanks for today?

We listen to the prayer of praise and thanks to God.



THE LORD'S PRAYER

As the priest extends his hands, we say the prayer that Jesus taught us.

COMMUNION ANTIPHON

Father, I pray that they may be one as we also are one, alleluia.

You are invited to sing a Communion song or say this verse, which has been especially chosen for today's celebration.



MY PRAYER AFTER COMMUNION

Thank you, Jesus, for inviting me to love. Help me to respond to your invitation with an open heart. Amen.



PRAY

"Come."

Thank you, Jesus, for your invitation. I am so happy to know that you love me and will always be my friend. I would love to come to your party and enjoy the rest of my life with you!



DO

Send a message to someone, telling them how much you appreciate them.



IXΘΥΣ

is the Greek word for "fish" and was used in the catacombs as a sign for early Christians. It is made up from the first letter of five Greek titles for the Lord:

I (Jesus)
X (Christos)
Θ (Theou/God's)
Υ (Uios/Son)
Σ (Soter/Saviour)



redemptorist
publications

Ichthus. Edited by Rachel Thompson.
Published by Redemptorist Publications
Wolf's Lane, Chawton, Hampshire GU34 3HQ.
Copyright © Redemptorist Publications.
A registered charity limited by guarantee.
Registered in England 03261721. www.rpbbooks.co.uk. Excerpts from the English translation of The Roman Missal © 2010, International Commission on English in the Liturgy Corporation. Concordat cum originali Ann Blackett. Imprimatur + Peter Doyle, Bishop of Northampton 13 July 2018. Permission granted for distribution in the dioceses of Scotland.

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We take Jesus with us to carry on the work that he did on earth, until we meet again next Sunday.

Go in peace.

