

## ST. LAWRENCE OF CANTERBURY R C CHURCH NEWSLETTER

**PARISH ADDRESS:** 1 Hamilton Road, Sidcup, DA15 7HB  
 Tel: 020 8300 2480  
 Parish Office Email: [sidcup@rcaos.org.uk](mailto:sidcup@rcaos.org.uk)  
 Parish Website: [www.stlsidcup.org](http://www.stlsidcup.org)  
 Live Stream: [www.churchservices.tv/sidcup](http://www.churchservices.tv/sidcup)

**PARISH PRIEST: FR. REGIS RUBAYA**  
 Parish Priest Email: [regisrubaya@rcaos.org.uk](mailto:regisrubaya@rcaos.org.uk)  
**DEACON: PETER VARNES**  
 Tel. 020 8300 5074  
 Email: [petervarnes@rcaos.org.uk](mailto:petervarnes@rcaos.org.uk)

**PARISH SECRETARY: ANDREEA MUNTY**  
 Secretary's Hours: Monday to Friday 10am to 2pm  
 Email: [sidcup@rcaos.org.uk](mailto:sidcup@rcaos.org.uk)

**SAFEGUARDING REPRESENTATIVE:**  
**VIKKI CLEMENTS**  
 Email: [sidcupsg4@safeguardrcaos.org.uk](mailto:sidcupsg4@safeguardrcaos.org.uk)

**ST. PETER CHANEL CATHOLIC PRIMARY SCHOOL**  
 Baugh Road, Footscray, Sidcup DA14 5ED  
 Email: [admin@st-peterchanel.bexley.sch.uk](mailto:admin@st-peterchanel.bexley.sch.uk)

**HEADTEACHER : MR. A. DAVIES**  
 Tel: 020 8302 6029  
 Website: [www.st-peterchanel.bexley.sch.uk](http://www.st-peterchanel.bexley.sch.uk)

**THE EXALTATION OF THE HOLY CROSS : READINGS FOR THE MASS ON SUNDAY ARE ON PAGE 191**

<b>Saturday 13th September</b> 6.30pm	<b>The Exaltation of The Holy Cross</b> Peter Kavannah RIP	
<b>Sunday 14th September</b> 8.30am	<b>The Exaltation of The Holy Cross</b> Frank Feighan RIP	
10.00am	People of the Parish	Children's Liturgy
11.30am	Mauro Figueroa RIP	
<b>Monday 15th September</b> 9.30am	<b>Our Lady of Sorrows</b> Intentions of Hanna Spykerboer	
<b>Tuesday 16th September</b>	<b>Saints Cornelius and Cyprian</b> Marie Tooher RIP	Divine Mercy Devotion and Rosary after Mass
<b>Wednesday 17th September</b> 9.30am	<b>Feria</b> Maura Enright RIP	Coffee Morning
<b>Thursday 18th September</b> 9.30am	<b>Feria</b> Jeremy Benedict RIP	
<b>Friday 19th September</b> 9.30am	<b>Feria</b> Susan Phippen RIP	10am-12noon Exposition of the Blessed Sacrament
<b>Saturday 20th September</b> 9.30am	<b>Saint Andrew Kim Taegon</b> Thanksgiving for Tony & Jane Regan (60th Wedding Anniversary)	8.45am Morning Prayer

Collection	7th September 2025	Second Collection	
Cash	£450.05	This week	Next week
Gift Aid	£322	Catholic Education Services	None
Total	£772.05		
Monthly Standing Order	£4177		

The Sacrament of Penance - Saturday mornings 11am-12noon and before Mass on Saturday evening or by arrangement.

Baptism preparation course for parents will take place on the first Monday of every month at 7pm. Call to book a place.

## HOLY FATHER'S PRAYER INTENTION FOR SEPTEMBER

### For our relationship with all of creation.

Let us pray that, inspired by Saint Francis, we might experience our interdependence with all creatures who are loved by God and worthy of love and respect.

**PRAYER REQUESTS** - If you would like to request for yourself or an immediate family member to be listed in the Parish newsletter, please send an email to: [regisrubaya@rcaos.org.uk](mailto:regisrubaya@rcaos.org.uk)

**PLEASE PRAY FOR** - Those who have died recently: John Stone, Elizabeth Gray, John Mascarenhas, and those who are in poor health: Paul Cookson, Paul Callaghan, Ella Duncan, Joan Somerset.

### REFRESHMENTS AND REPOSITORY – ALL WELCOME

Join us every Sunday for refreshments in the hall after both the 8:30am and 10:00am Masses. The repository will also be open during this time. All are warmly welcome!

### CHILDREN'S LITURGY: 10AM MASS

The Children's Liturgy runs every Sunday during term time (7th September to 12th October this Autumn). All children are welcome to attend with or without parents.

### 100 CLUB WINNERS

MONTH	£75	£50	£25	£10
MAY	C. Carr	B. Saffery	E. Armfield	J. DaCosta
JUNE	A. Ejaife	S. Sadlier	M. Wells	P. Simbule
JULY	G. Thrift	R. Waddell	A. Baldwin	M. Ogrady-Hills

**2ND COLLECTION THIS SUNDAY - CATHOLIC EDUCATION SERVICE** The Catholic Education Service acts on behalf of the Catholic Bishops' Conference to support Catholic education. There are over 2,000 Catholic schools, academies and colleges in England and Wales educating over 800,000 students. The CES is the chief negotiating and advisory body on matters affecting all aspects of Catholic education, and it also provides financial assistance for school transport in rural areas.

### HOSPITAL CHAPLAINCY VOLUNTEERS - is this for you?

The Chaplaincy at Queen Elizabeth Hospital is currently looking to recruit more volunteers to visit patients on the wards. If you are interested in knowing more, please email Rev Emmanuel at [ekormi@nhs.net](mailto:ekormi@nhs.net) or call the Chaplaincy on 020 8836 6831. Gwen Chiosso, from St Stephen's parish in Welling has written an article about her experience which can be found here: <http://www.saintstephens.co.uk/blog/hospital-chaplaincy-volunteering/#more-1395>

### PRAYER GROUP NOTICE

Please note that the Parish Prayer Group will not be meeting during August and the first half of September. Our next gathering will be on **Monday, 22nd September**.

### WELCOMERS - We need you!

Please consider being a welcomer. This is a simple service to the Parish community but does make a big difference. The only requirement is to arrive 30 minutes before the mass starts, hand out the newsletter and missals with a smile and a kind word. We only have one welcomer for the 11.30am mass so this is a real priority, at the other masses we have more but additional people would be great. If interested please contact me via the parish office.

### FIRST FRIDAY LUNCH - Safety Talk

Last Friday, we were pleased to welcome Karen, our Faith Police Liaison Officer, to our First Friday lunch. Karen gave an insightful talk to our parishioners about staying safe and knowing what to do in an emergency. One important tip Karen shared is about a free app called *What3Words*. This app helps the emergency services locate you if you need to call 999. Every place has its own unique three words. If you open the app, it will show you the three words for where you are standing. If you are unsure of how to describe your exact location, or if you cannot give a clear address or landmark, you can simply share those three words with the operator. They will then know precisely where to find you.